

Connecticut Urology Society

Annual Educational Meeting

October 23, 2025

Connecticut
Urology
Society



The Aqua Turf 556 Plantsville, CT 06479

**Join us for Spectacular Scientific Education
&**

A Vendor Expo with Over 40 Raffle Prizes and a Delicious Lunch

CT Urology Society Annual Meeting
October 23, 2025 • 8:00am - 5:00pm

8:00 Registration and Breakfast in Vendor Hall

8:29 Opening Remarks - Guy Manetti, MD, President

8:30 Active Surveillance for Prostate Cancer- Peter Albersen, MD

Objectives: 1. To provide some guidelines for surveillance for Prostate Cancer

9:00 Robotics: A Journey from Fundamental Engineering to Clinical Application- Mani Menon, MD

Objectives: 1. To illustrate the foundational engineering principles that underpin modern robotics and their evolution. 2. To demonstrate the diverse and expanding range of clinical applications where robotics are currently utilized or show significant promise. 3. To discuss the challenges and future directions in translating advanced robotic engineering into widespread, safe, and effective minimal practice.

9:15 New Treatments and Sequencing for Advanced Prostate Cancer-Daniel Petrylak, MD

Objectives: 1. To discuss doublet and triplet therapy for hormone sensitive prostate cancer. 2. To discuss the role of germline and somatic mutations in the treatment of advanced prostate cancer.

10:15 Coffee/ Tea Break in vendor hall

10:45 Technical and Technological Advances in Ureteroscopic Stone- Jared Winoker, MD

Objectives: 1. To review recent technological advances in kidney stone treatment. 2. To review contemporary evidence for novel therapies and devices. 3. To provide tips and tricks for effective and efficient stone management.

11:15 Testosterone Replacement Therapy Updates-Stan Honig,MD

Objectives: 1. To provide summaries of clinical trials for testosterone replacement with recommendations.

11:45 Product Theater - UROGEN ZUSDURI: The first and only FDA-approved medication for adult patients with recurrent low-grade intermediate-risk non-muscle invasive bladder cancer (LG-IR-NMIBC)- Katie Murray, MD

12:30 Lunch in Vendor Hall- Keynote Speaker- Gretchen Morgansen, Pulitzer Prize Winning Author Journalist

1:00 Business Meeting- Guy Manetti, MD

1:30 Menopause & Genitourinary Syndrome (GSM): Understanding Treatment Options & Guidelines - Nirit Rosenblum, MD

Objectives:: 1. Review the current menopause treatment guidelines and targeted therapy for vaginal and lower urinary tract symptoms associated with menopause.

2:15 Prostate Cancer Ablation in CT update and case discussion- Preston Spenkle, MD, Joseph Wagner, MD Dylan Buller,MD

Objectives- 1. Describe the index lesion theory2. Describe the strengths/weaknesses of different ablation technologies 3. Identify currently available ablation treatment options in Connecticut

3:00 Break for refreshments in vendor hall

3:30 From Policy to Patient: The Impact of Advocacy on Urology Practice- Grace Biggs, MD

Objectives: 1. To review some of the significant policies affecting urology practices and what's on the horizon 2. Inform healthcare professionals on Urologic advocacy opportunities. 3. Detail the recent efforts undertaken by Urology Advocacy and other healthcare groups to remove barriers to Vaginal Estrogen due to FDA black box warning.

4:00 Product Theater- Ferring

4:45 Certificates of Attendance - Doorprizes

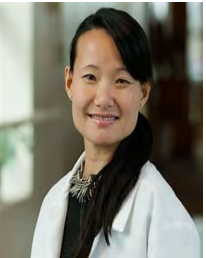
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of CSEP and the CT UROLOGY SOCIETY.

CSEP is accredited by the ACCME to provide continuing medical education for physicians. CSEP designates this educational activity for a maximum of 5.0 AMA PRA Category I Credit(s)™ toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.



Peter Alberten, MD

Dr. Albertsen received his B.A. from Princeton University in 1974 and his M.D. from Columbia University College of Physicians & Surgeons in 1978. After two years of surgical training at Harvard's Deaconess Hospital in Boston he completed his residency training in urology at the Johns Hopkins University Brady Urological Institute in 1984. He subsequently received an M.S. in medical administration and preventative medicine from University of Wisconsin in 1990. Board certified in urology since 1986, he has re-certified in 1994 and 2004. Dr. Albertsen has obtained an international reputation for his work on prostate cancer and is the author of numerous publications. He is on the editorial board of several journals and frequently reviews manuscripts for the major urological journals. Furthermore, he holds the prestigious honor of having been a trustee of the American Board of Urology 2001-2007, as well as a member of the Residency Review Committee of ACGME for Urology 2003-2009. He is a member of the American Urological Association, American Association of Genitourinary Surgeons and the Society of Urologic Oncology amongst others. Dr. Albertsen practices general urology with a focus on prostate and urologic cancers.



Grace Biggs, MD

Dr. Grace Biggs completed a Urology residency at Montefiore Medical Center in the Bronx. She then pursued fellowship training at NYU Medical Center in Female Urology, urodynamics and pelvic reconstructive surgery under Drs. Victor Nitti and Dr. Nirit Rosenblum. She joined a for profit multi-specialty group in Westchester county in New York for 6yrs. She then switched over to a nonprofit Planetree hospital-based system in Derby Connecticut at Griffin Hospital and Griffin Faculty Physicians as Director of Pelvic Health for the last 10yrs. She likes to work collaboratively with other physicians including Gastrointestinal, OB/Gynecology, Colorectal Surgery, General Surgery, Neurology and Psychiatry. She worked as an assistant professor of Urology at Quinnipiac Medical School and instructed medical students. She has encouraged many medical students and residents to pursue Urology and Urogynecology and Advocacy. She served as the SUFU Health Policy Scholar in 2023 and 2024 and explored many avenues of advocacy in Urology. She has a particular interest in uterine sparing prolapse techniques, all aspects of female urology/general urology and more recently functional medicine. She enjoys serving on the Gold Journal of Urology as a reviewer and Journal of Urology Open Plus on the Editorial Board and writing editorials on certain topics of interest. She is an active member of the American Medical Association (AMA), American Urological Association (AUA), Society for Urodynamics, Female Urology and Reconstructive Surgery (SUFU), Society of Women in Urology (SWUI), New England AUA (NEAUA), and Menopause Society. She is currently taking a sabbatical to explore other interests.



Dylan Buller, MD

Dr. Buller completed his medical school and urology residency training at the University of I/Hartford Healthcare, Connecticut. He is currently a fellow in urologic oncology at NYU Langone. After completion of his fellowship training he will return to Connecticut where he will begin practice at Hartford



Stanley Honig, MD

Dr. Honig is a Professor of Urology, Division Chief of Sexual and Reproductive Medicine at Yale University School of Medicine. He is the past President of BOTH the Society for the Study of Male Reproduction (SSMR), a subsociety of the American Urological Association and the Society for the Study of Male Reproduction/Urology, a subsociety of the American Society of Reproductive Medicine. He was Chairman of the Sexual and Reproductive Committee of the Urology Care Foundation. He has a large urologic practice that specializes in Male Reproduction and Sexual Medicine and Surgery. He actively participates in clinical and basic science research that focuses on male reproduction, vasectomy, erectile dysfunction, testis cancer/fertility link, peyronie's disease, steroid use, hypogonadism and gender affirming surgery.

A regular AUA Plenary Session speaker, he has given "State of the Art" Lectures on Male Hormonal Contraception, Genital Enhancement Surgery, Male Infertility Interactive sessions on "Oligospermia", Gender Affirming Surgery, Public Awareness of Male Infertility, Vasectomy and Fertility after Vasectomy and Shock Wave Therapy for Erectile Dysfunction. He has been a regular "Roundtable expert" at ASRM meetings on At Home Sperm Testing, Fertility Preservation in the Transgender Population, and Minimally Invasive Sperm Retrieval Techniques. As a member of both the original and current Vasectomy Guidelines committee, he is a regular on-going faculty member teaching on Vasectomy at the AUA. In 2023, he has lectured internationally on Male Reproduction at the Canadian Fertility Society and the Cornell-Chinese Andrology Society and is on the committee to evaluate Male Contraception and Vasectomy for American and European Society of Andrology. In 2024, he was a faculty member at the 4th International Congress on Male Contraception.



Mani Menon, MD

Dr. Mani Menon MD is the Chief of Strategy and Innovation in the Department of Urology for the Mount Sinai Health System. He has played a pivotal role in the journey of robotics from fundamental engineering to clinical applications, particularly in the field of urology. Dr. Menon is credited with initiating a 20-year follow-up study for robotic surgery outcomes in 2000, which has since become a benchmark for long-term assessment. His leadership in advancing surgical robotics is exemplified by his work at the Henry Ford Health System starting in 2000. Despite the institution being structured for healthcare delivery rather than medical/surgical innovation and operating in challenging circumstances, Dr. Menon's team achieved remarkable success. This was largely due to a strategic approach focused on selecting members based on collaboration, fostering a safe environment to share ideas and admit mistakes, and consistent team composition, with leaders modeling vulnerability. He also noted the unique advantage of their location in Detroit, where patients from the automotive industry were already familiar and receptive to industrial robotics, making them open to surgical applications.



Nirit Rosenblum, MD

Nirit Rosenblum, MD is a Clinical Professor of Urology and Obstetrics and Gynecology at NYU Langone Medical Center. Dr. Rosenblum completed urology residency training at NYU Medical Center. She then pursued fellowship training at UCLA Medical Center in female urology, urodynamics and pelvic reconstructive surgery under Dr. Shlomo Raz. Dr. Rosenblum joined the NYU urology faculty in 2002. Dr. Rosenblum has interests in pelvic organ prolapse repair, including uterine-sparing techniques, incontinence treatments, female sexual dysfunction and lower urinary tract symptoms as well as recurrent urinary tract infections in women at all ages. She employs a comprehensive approach to female pelvic medicine encompassing medical, surgical and holistic treatment options. She often works collaboratively with psychiatry, colorectal surgery, plastic surgery, endocrinology and physical therapy. Dr. Rosenblum has authored numerous peer-reviewed papers and contributed several book chapters within female pelvic medicine. She also served as associate editor of the book entitled Vaginal Surgery for the Urologist. She is an active member of the American Urological Association (AUA), the Society for Urodynamics, Female Pelvic Medicine and Urogenital Reconstruction (SUFU), The American Urogynecologic Society (AUGS) and the Society for Women in Urology (SWIU). She has been an active faculty instructor for many years at the AUA annual meeting.



Preston Sprenkle, MD

Dr. Sprenkle is an Associate Professor of Urology at Yale University and has dedicated his career to using the latest technologies to improve prostate cancer diagnosis and treatment. He was one of the first physicians nationwide to implement the use of the Artemis Device. This machine, introduced in 2009, allows a surgeon to use 3D ultrasound technology and merge it with even more precise magnetic resonance imaging (MRI) to accurately identify cancerous tumors. Dr. Sprenkle is also a pioneer in “focal therapy,” which allows a surgeon to treat tiny prostate lesions, rather than the whole organ. This avoids many of the side effects—such as erectile dysfunction and urinary incontinence—that may follow the removal of the whole prostate. He is always seeking ways to minimize the impact of prostate cancer diagnosis and treatment on a man's health and quality of life.



Joseph Wagner, MD

After graduating from Amherst College and the University of Connecticut School of Medicine, Dr. Joseph Wagner performed his surgical and urological residency training at Boston University. He went on to the National Cancer Institute for his urologic oncology fellowship and became the Physician In Charge of Urologic Oncology at Beth Israel Medical Center in New York City in 1997. In 2001, Dr. Wagner performed some of the first robotic urologic surgeries in the United States. He has served as the Director of Robotic Surgery of Hartford Healthcare since 2003 and is currently the Chairman of the Department of Urology at Hartford Hospital. He has published 75 peer reviewed manuscripts along with numerous abstracts and book chapters.



Jared Winoker, MD

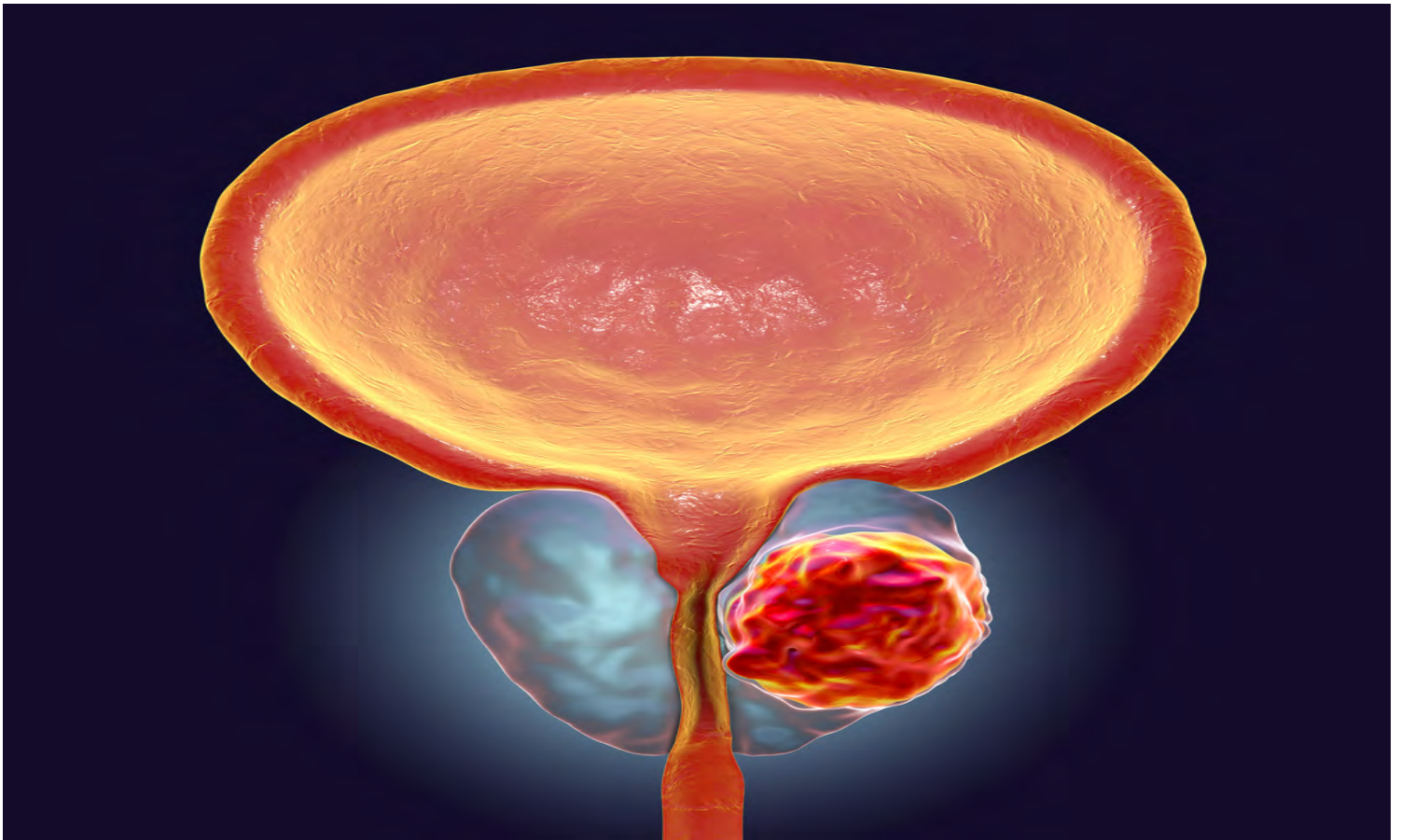
Jared S. Winoker, MD is the Director of Endourology and the Center for Kidney Stone Disease at Lenox Hill Hospital/Northwell Health. He is also the Associate Residency Program Director for the Lenox Hill Department of Urology and an Assistant Professor of Urology at The Zucker School of Medicine at Hofstra/Northwell. After earning his medical degree from Albert Einstein College of Medicine in New York City, Dr. Winoker completed his general surgery internship and urology residency at the Icahn School of Medicine at Mount Sinai. He completed a fellowship in endourology and minimally invasive surgery at Johns Hopkins School of Medicine, where he later worked as an Assistant Professor of Urology before joining Northwell Health.



Daniel Petralak, MD

Dr. Petrylak received his undergraduate degree from Columbia College and his medical degree from Case Western University School of Medicine. He completed his internship and residency at Albert Einstein College of Medicine and his fellowship in medical oncology at Memorial Sloan-Kettering Cancer Center. He has authored more than 200 peer-reviewed articles and book chapters on prostate and bladder cancer research outcomes. He was appointed to lead the genitourinary cancers medical oncology team at Smilow Cancer Hospital as director of the genitourinary cancer research group, Professor, and co-director of the Cancer Signaling Network program. Dr. Petrylak joined Yale from Herbert Irving Cancer Center at Columbia University Medical Center with New York-Presbyterian Hospital, where he served as a Professor of Medicine and began his appointment in September of 2012.





Outcome Measurements

Name: _____

1. Has this symposium changed the way you will care for patients? ☐ Yes ☐ No
2. Do you believe this symposium will have a positive effect on patient surgical or clinical outcomes?
☐ Yes ☐ No
3. Can you offer other speakers or topics that will provide information to improve clinical outcomes at the next meeting? ☐ Yes ☐ No _____

4. How has this symposium changed the way you will care for patients and what are you going to change?

Mission Statement

The mission statement of the Connecticut Urology Society is to serve, represent and advance the science and the ethical practice of Urology in the State of Connecticut. Our target audience includes urologists and their staff, including, nurses, PAs, medical assistants, scribes, office managers and front office staff.

The Society promotes excellence in patient care and education in Urology through the sponsorship of an Annual Scientific meeting. The Connecticut Urology Society is dedicated to providing communication and fellowship to the members of the Urologic Community in Connecticut through these meetings.

The programs are an opportunity for urologists to identify and discuss critical issues facing their profession and are designed to meet the clinical and educational needs of its members and the objectives set forth by the CT Urology Executive Board. Specific competency, performance and patient outcomes will be proposed by speakers and evaluated by participants.

CSEP ensures that all decisions related to the planning, faculty selection, delivery, and evaluation of accredited education are made without any influence or involvement from the owners and employees of an ineligible company. In addition, CSEP ensures that the Accredited education is free of marketing or sales of products or services and that all faculty will not actively promote or sell products or services that serve their professional or financial interests during accredited education. CSEP will not share the names or contact information of learners with any ineligible company or its agents without the explicit consent of the individual learner.

**Connecticut
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Physician's Name _____ E-mail: _____

Please evaluate the following topics on a scale of 1 to 4 with the following values:

1 - poor 2 - satisfactory 3 - good 4 - excellent

Circle One

1. SUBJECT MATTER OF MEETING	1	2	3	4	2. LOCATION	2	3
3. FACILITIES		1	2	3	4. AUDIO/VISUAL	2	3

Active Surveillance for Prostate Cancer- Peter Albersen,MD

	1	2	3	4
Degree to which objectives were met				
Did speaker disclose financial interests in any product or company?	___Yes			___No
Was the presentation fair and balanced?	___Yes			___No

Robotics: A Journey from Fundamental Engineering to Clinical Application-, Mani Menon,MD

Degree to which objectives were met _____ Yes _____ No

Did speaker disclose financial interests in any product or company? Was the _____ Yes _____ No

Approaches to the Treatment of Advanced Prostate Cancer-Daniel Petrylak, MD

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes			___No
Was the presentation fair and balanced?	___Yes			___No

– Technical and Technological Advances in Ureteroscopic Stone Treatment- Jared Winoker, MD

	1	2	3	4
Degree to which objectives were met				
Did speaker disclose financial interests in any product or company?				
– Was the presentation fair and balanced?				

— **Testosterone Replacement Therapy Updates-Stan Honig, MD**

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes			___No
– Was the presentation fair and balanced?	___Yes			___No

– Menopause & Genitourinary Syndrome (GSM): Understanding Treatment Options & Guidelines

- Nirit Rosenblum, MD

- Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes	___No		
- Was the presentation fair and balanced?	___Yes	___No		

Prostate Cancer Ablation in CT update and case discussion- Preston Spenkle, MD, Joseph Wagner, MD Dylan Buller, MD

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___ Yes		___ No	
Was the presentation fair and balanced?	___ Yes		___ No	

From Policy to Patient: The Impact of Advocacy on Urology Practice- Grace Biggs, MD

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes			___No
Was the presentation fair and balanced?	___Yes			___No

The Connecticut Urology Society Annual Meeting

Thursday October 23, 2025

Aqua Turf , 556 Mulberry Street

Program

Email: debbieosborn36@yahoo.com Fax 860-567-4174

Registration Form



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_____ Yes, I am planning on attending the October 23, 2025 Education Program

_____ No, I am unable to attend the October 23, 2025 Education Program

Early Bird Member Physician Fee: \$100.00 if paid by September 15, 2025

Member Physician Fee: **\$125.00 After September 15, 2025**

Non-Member Fee: **\$200.00 if paid by Sept 15, 2025**
\$225.00 After Sept 15, 2025

Non-M.D (ie. PAs, APRNs) **\$ 75.00**

Residents: **Complimentary**

Please mail or fax this form to:

CT Urology Society, P.O. Box 854, Litchfield, CT 06759 Fax: 860-567-4174

This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of CSEP and The Connecticut Urology Society. CSEP is accredited by the CSMS to provide continuing medical education for physicians.

CSEP designates this educational activity for a maximum of 5.0 credit hours in category I credit toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.

(Please use a separate form for each physician)

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PAYMENT WILL BE THROUGH THE CONNECTICUT SOCIETY OF EYE PHYSICIANS.

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10-23-25 Connecticut Urology Society Annual Meeting

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Product Theatre Sponsored By:



Katie S. Murray,
DO



Title of talk:

ZUSDURI: The first and only FDA-approved medication for adult patients with recurrent low-grade intermediate-risk non-muscle invasive bladder cancer (LG-IR-NMIBC)

Objective of the talk is Zusduri for adult patients with reoccurrence LG IR NMIBC

Katie Murray is currently Professor in the Department of Urology at NYU Langone Health and Grossman School of Medicine. She also serves as the Chief of Urology Service at the NYC HHC Bellevue Hospital. Dr. Murray received her undergraduate degree from Westminster College followed by Medical School at A.T. Still University. She completed her residency in Urology at the University of Kansas followed by a Society of Urological Oncology fellowship at Memorial Sloan Kettering Cancer Center in New York City in 2016. She then served on faculty at the University of Missouri from 2016 to 2022. While at the University of Missouri she completed a Master of Science degree in Academic Medicine. She has published over 90 peer-reviewed journal articles as well as book chapters. She has given presentations in the area of urological oncology at various regional, national, and international meetings. She is board certified by the American Board of Urology.

2026
DUES STATEMENT



To: _____
Physician's Name

Email address (please print legibly)

Annual Dues: \$200.00
January 1, 2026 - December 31, 2026

Dues exempt: Residents and Members over 67 who are fully retired and have been a member for three consecutive years.

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at 860-567-3787 or email debbieosborn36@yahoo.com

Thank you.

www.cturology.org

The Connecticut Urology Society
PO Box 854
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To: